



Austin Public Safety Wellness Center

517 S. Pleasant Valley Rd. Austin, TX 78741 (512) 974-0200 phone / (512) 974-0222 fax



City of Austin Healthy Connections T-Shirt

Must have City insurance

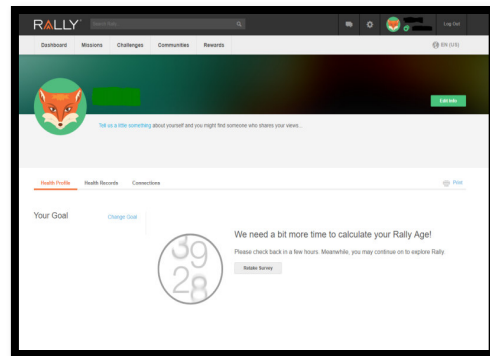
EMS Shirt



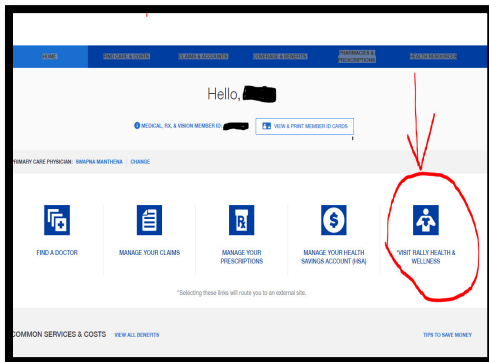
AFD Shirt



1. Log onto <https://www.myuhc.com>
2. Create an account if you don't have one or log on (will need your insurance card)
4. Take your Rally Survey (will need recent bloodwork)



3. Select "VISIT RALLY HEALTH AND WELLNESS"



5. Email aimee.mcclure@austintexas.gov that you have completed the Rally survey with a picture/screenshot of your rally age. Please let us know what size you are. Two ways to get your shirt, you can come to the Wellness Center and get it or we can get to you at your station, please state what station you would like it sent to. Wellness hours are M-Th, 7am-6pm, 517 S. Pleasant Valley Rd, Austin Texas 78741, 512-974-0200.